

# KNOW



my Wellington.



## **Billy Graham**

*Former Light Welter Weight Boxing Champion /  
Motivational Speaker / Life and Fitness Enthusiast.*

Billy Graham is a great example that with a plan and the right attitude anyone can make it. A dyslexic who left school at 14, Billy became a boxing champion, has manufactured fitness equipment, taught in many schools and wrote a best selling book. He is now in demand internationally as a motivational speaker and through his own boxing academy, teaches young people how to make the most of every opportunity.

Billy loves downtown Wellington because "it's all on the flat and absolutely everything is there – great restaurants, shops and numerous special events."

### **Billy's favourite haunts:**

**For brunch...** Café L'affare on College Street always "rock n rolls". The atmosphere is fantastic – family oriented with a safe play area for the kids. You can relax and enjoy the great food while the kids have fun.

**For a great coffee...** Astoria in Midland Park has good coffee, but even more importantly, the staff smile all the time - they are friendly and talk to their customers. "A great coffee is made more enjoyable by the person who serves it."

**For cheap eats...** The Green Parrot Café on Taranaki Street, where you can get a big feed of all the things people enjoyed years ago that are supposedly bad for you these days – real dinkum steak, sausages, schnitzel, spuds and white bread – it's perfect for "real men."

**For shopping...** Kirkcaldie and Stains on Lambton Quay. "I shop where my wife does and she loves Kirk's. It has everything – the best part is their wonderful café where I can have a coffee with the kids while my wife shops."

**For a night out...** Dinner at Nicolini's Italian Bistro on Courtenay Place. The meals are big and always really tasty.

**For indulgence...** A massage and sauna at Mensana on Tory Street. A wonderful two hour massage, followed by a sauna, a cool off in the plunge pool then a natural boysenberry yoghurt – sheer indulgence.

**For free...** Put the bikes on the back of the car and head to Oriental Parade – it's a wonderful place to cycle. "I love the way they have done it up – what a buzzy place it is now and there's always something to watch."

**With the kids...** Kayaking on the harbour – great fun with beautiful views, the kayaks are cheap and easy to rent from Ferg's Kayaks at Queens Wharf.

**With visitors...** To one of the special events that are always happening downtown. Check out the papers – there's always lots on so it's easy to show visitors all the great events that Wellington has to offer.

**Other favourite places...** The Wellington Market on the corner of Taranaki and Cable Streets and Cuba Mall – both are alternative and a different side of downtown. The buskers are great, "I often take my mouth organ and hop on in with them."

*"There is always something going on in downtown – keep an eye on the local magazines and head on in to enjoy some of the special events on offer." Billy Graham.*

*To be kept in the know about what's happening in downtown Wellington check out [KnowWellington.com](http://KnowWellington.com)*

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