

# KNOW



*my Wellington.*



**Carolyn Enting**  
*The Dominion Post fashion and beauty writer*

As Wellington's fashion commentator for *The Dominion Post*, Carolyn is a regular on the South Pacific fashion week circuit, every alternate season she views more than 50 collections in Auckland and Sydney. She has also attended fashion weeks in London, Milan and Paris. Since returning to Wellington from London seven years ago, she has resisted moving to a bigger fashion centre for her work because she loves this city so much. "I've got the best job in the best city in the world."

#### **Carolyn's favourite haunts:**

**For brunch...** Capitol on Kent Terrace and Nikau Café next to the City Gallery. Both do outstanding scrambled eggs, tomatoes and coffee, and the service is fantastic. Nikau's cheese scones are the best in Wellington. You have to be in quick - people place orders for them. I now have their phone number plugged into my phone!

**For great coffee...** Atlanta on The Terrace – it also has the added bonus of being one of the rare sunny spots on this strip with outdoor seating.

**Cheap eats...** On Monday nights Chow on Tory Street is fantastic with their two for one deal. Other regular haunts for quick and yummy food are Daawat (Indian) on Manners Street, Arashi Kushi-yaki Bar (Japanese), Cha (Chinese), and Cafe Baba (Turkish kebabs) – all of which are on Courtenay Place.

**For shopping...** The area around the Old Bank Arcade – Customhouse Quay, Hunter Street, Grey Street and Featherston Street - lots of boutiques selling styley New Zealand made clothing.

**For a night out...** A lively atmosphere, good food and wine is always guaranteed at Monsoon Poon on Blair Street. For cocktails, Hawthorn Lounge on Tory Street. For good conversation, wine and eat treats, Matterhorn on Cuba Street – order a bowl of deep fried feta dipped in gorse honey. Vivo on Edward Street do the best garlic bread and pate. Mighty Mighty on Cuba Street do toasted sandwiches and cask wine if you are on a budget. For gigs, head to San Francisco Bathhouse on Cuba St. For dancing, Boogie Wonderland on Courtenay Place is great for its illuminated disco floor and '70s and '80s' music - you can also book a comfy booth.

**For relaxation...** Grab a juice from The Juice Doctor at Freyberg Pool, Oriental Parade and sit on one of the seats enjoying the view of our beautiful harbour. For deep relaxation and supreme pampering head to Bodyhaven Boutique Spa at the James Cook Grand Chancellor on The Terrace, for a full body massage or one of their other fabulous treatments.

**For indulgence...** A Hema facial by Margaret Hema on Brandon Street. Her hands are magic and her salon-only formula of active manuka honey infused with avocado oil is heavenly. She is under 'M' in the phone book.

**For a bargain...** Soup Fashion Recovery on Blair Street is a great place to pick up designer clothing (New Zealand and overseas labels) for a good price. The name Soup refers to designer alphabet soup – if you're lucky you'll find some Armani with your Zambesi.

**Other favourite places...** Crazy Horse Steak House on Willis Street. Their steaks are so tender you can cut them with a butter knife and they have a great room that can seat approximately 20 people – perfect for a private function.

"I love Wellington because it's compact and cosmopolitan. We have a great public transport system and are spoilt for choices when it comes to food, art and entertainment. I love the fact that I can walk to work, which helps keep me fit and healthy. It's a great lifestyle that is hard to beat." Carolyn Enting.

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